

JOIN US FOR THE 2020 SEIZE THE DAY 5K RUN/WALK IN WICHITA



Featuring a family-friendly 5k and 1
Mile Walk

We want to see your best costumes!
Prizes will be awarded for best group
and individual.

Proceeds benefit



**Saturday, October 10,
2020 10 AM
Sedgwick County Park**

For more information, please visit
www.efmk.org